



COVID-19 Situational Report

March 6, 2020

Carson City Health and Human Services (CCHHS) is continuously monitoring the current outbreak of COVID-19, a disease caused by a new coronavirus. To date, there have been two confirmed cases of COVID-19 in Nevada. These cases were identified in Las Vegas and in Reno. Although we are seeing cases in Nevada now, there are still 0 cases and 0 people under investigation in Carson City, Douglas, Lyon, and Storey counties. CCHHS is meeting with local county and city government officials including emergency management, school districts, and Sheriff's offices to discuss preventative and preparedness plans for any potential impacts from COVID-19.

Community spread is being detected in a growing number of countries, including the United States. The immediate risk of COVID-19 to the general public is currently low and individual risk is dependent on exposure. Under current circumstances, certain people will have an increased risk of infection. For example:

- People in communities where ongoing community spread with the virus that causes COVID-19 has been reported are at elevated though still relatively low risk of exposure.
- Healthcare workers caring for patients with COVID-19 are at elevated risk of exposure.
- Close contacts of persons with COVID-19 also are at elevated risk of exposure.
- Travelers returning from affected international locations where community spread is occurring also are at elevated risk of exposure.

It is important to protect yourself and others from respiratory diseases by taking every day preventative actions such as:

- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw that tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe. Remember to clean your cell phones.
- Wash your hands with soap and water often for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth.

Please remember this is "flu season" and the above preventive actions should be followed regularly to minimize your risk of getting a respiratory illness.

Weekly situational updates will be distributed on Wednesdays. For updates and more information visit <https://gethealthycarsoncity.org/novel-coronavirus-2019/>.