



DOUGLAS COUNTY PREPARES FOR POTENTIAL IMPACTS OF CORONAVIRUS (COVID-19)

Minden, NV-Douglas County Emergency Management held a meeting on March 4, 2020 with Carson City Health and Human Services (CCHHS), the Douglas County School District, Douglas County Sheriff's Office, and other County Offices to discuss preventative and preparedness plans for any potential impacts from the Coronavirus (COVID-19.) **CCHHS is currently contracted by Douglas County to administer public health.**

CHHS is continuously monitoring the current outbreak of COVID-19, and has been in contact with Douglas County Emergency Management and leadership to keep information flowing to the public regarding any changes and precautions Douglas County residents should take. CCHHS is in constant communications with the Nevada Division of Public and Behavioral Health, the Centers for Disease Control and Prevention (CDC.)

Douglas County currently has a serious infectious disease plan, which would be implemented should the Coronavirus situation escalate. The plan includes tiers and trigger points that would allow for Douglas County to respond accordingly with the appropriate resources.

"We are working very closely with CCHHS to monitor the situation while still keeping a very close watch on the individual needs of the Douglas County community and visitors," said Tod Carlini, East Fork Fire Protection District Chief and Douglas County Emergency Manager.

The immediate risk of COVID-19 to the general public is currently low. At this time, the general use of facemasks is not recommended in our communities. CDC does not recommend that people who are not sick wear a facemask. Facemasks should only be used people who show symptoms of COVID-19 to help prevent the spread of disease to others. CCHHS will update the public if this were to change.

Douglas County would like to remind the public that COVID-19 symptoms are very similar to the flu. It is "flu season" and the best way to minimize your risk of getting a respiratory illness, such as the flu, is to follow every day preventive actions such as:

- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw that tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Remember to clean your cell phones.

- Wash your hands with soap and water often for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth.
- Use a tissue when opening doors or when using a shopping cart, gas pump, escalator or other common objects used by multiple people

To date, there is one confirmed or case of COVID-19 in Nevada, and 0 people under investigation in Carson City, Douglas, and Lyon counties.

A webpage has been created to keep the public informed. **The website also includes fact sheet and information which can be easily printed and distributed.**

Please visit: <https://gethealthycarsoncity.org/novel-coronavirus-2019/> for the most current information and further updates.

Follow Douglas County Social Media to also stay current and informed. (Facebook, Nextdoor, Twitter) Or follow <https://www.facebook.com/CCHHS?v=wall>

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