

**EAST FORK FIRE DISTRICT PRESENT**  
**PUBLIC CPR/AED and FIRST AID CLASSES**

**Adult - Child - Infant CPR plus AED** *recommended for students 13 years and older*

**\$50 4<sup>th</sup> Saturday of every month 8:30am till 12:30pm**

CPR is the critical second link in the ***Chain of Survival*** that buys time between the first link (call 911) and the third link (use AED). The earlier you give CPR to a person in cardiac or respiratory arrest, the greater their chance of survival. CPR keeps oxygenated blood flowing to the brain and heart until defibrillation or other advanced care can restore normal heart action. In addition the East Fork Fire District want to promote the most rapid possible defibrillation of victims in cardiac arrest. AED Rescuers can provide defibrillation within the first few minutes of out-of-hospital cardiac arrest when a public access AED is available. **AED/CPR courses are given on the 4<sup>th</sup> Saturday of every month 1pm to 5pm (excluding Holiday weekends)**

**First Aid** *recommended for students 13 years and older*

**\$50 Thursday before CPR of every month 6:30pm-10pm**

The American Heart Association's first aid course is a basic course designed for work place employees who are members of an Emergency Response Team or are required to have it for their job and for citizen rescuers. The course meets the OSHA requirement for workplace first aid training and the requirement for Day Care Providers. **First Aid courses are given on the Thursday before CPR Saturday of every month 6:30pm-10pm (excluding Holiday weekends)**

Students may take First Aid and CPR/AED together \$75

**Healthcare Provider-BLS** *recommended for students 13 years and older*

**\$50 4<sup>th</sup> Saturday of every month 8:30am-2pm**

This course is designed to meet the needs of healthcare professionals who respond to cardiac and respiratory emergencies in a wide variety of settings. (Doctors, Nurses, Paramedics, EMT's, Firefighters, Law Enforcement, Medical/Dental Assistants, Ski Patrollers, etc...) The course satisfies the employment requirements for healthcare providers. It is also the prerequisite course for the AHA advanced life support courses. **Healthcare Provider courses are given on the 4<sup>th</sup> Saturday of every month 8:30am-3pm (excluding Holiday weekends).** New students and Refresher students are welcome

**Healthcare Provider-BLS Online Renewal**

**\$30 Skills Test**

Renewal Course taken online (AHA Charges fee) and then a skills test is scheduled with an instructor.

***All courses offered by East Fork Fire District are through the American Heart Association. AHA courses are nationally recognized.***

***Any fees charged for these courses do not represent income to the American Heart Association.***

**Classes may be subject to cancellation for low enrollment or the lack of an available instructor. All payments will be credited to future classes and are non-refundable.**